

NAPOLIDIABETOLOGIA

**Diabetes & Endocrine
Updates 2026**
and
**2nd International
Conference on Diabetic
Kidney Disease**

Napoli, February 25-26-27-28, 2026

Hotel Royal Continental

Scientific Coordinators:

Dott. Silvio Settembrini, Prof. Giovambattista Capasso

Program

www.napolidiabetologia.it



NAPOLIDIABETOLOGIA

**Diabetes
& Endocrine
Updates 2026**

Program



WEDNESDAY, FEBRUARY 25

- 14.00 – 14.10 **Welcome Addresses**
- 14.10 – 15.00 **SESSION I**
Chairpersons: Annamaria Colao & Katherine Esposito
- 14.10 – 14.30 Adult-Onset Autoimmune Diabetes: Phenotypic Features, Diagnosis and Therapy
Raffaella Buzzetti
- 14.30 – 14.50 Cardio-Metabolic Risk in Pituitary Disorders: An Overview
Diego Ferone
- 14.50 – 15.00 Discussion
- 15.00 – 15.50 **SESSION II**
Chairpersons: Guido Grassi & Claudio Ferri
- 15.00 – 15.20 Pharmacological Management of Heart Failure in the Obese Diabetic Patient: New Challenges, New Horizons
Pasquale Perrone Filardi
- 15.20 – 15.40 What is meant by Truly Resistant Hypertension
Agostino Virdis
- 15.40 – 15.50 Discussion
- 15.50 – 16.20 Coffee break
- 16.20 – 17.40 **SESSION III**
Chairpersons: Rosario Pivonello & Giuseppe Bellastella
- 16.20 – 16.40 When Artificial Intelligence Meets Andrology: Innovations and Clinical Opportunities
Aldo Eugenio Calogero

WEDNESDAY, FEBRUARY 25

- 16.40 – 17.00 Hypogonadism, Fertility, and Sexuality in CKD
Sandro La Vignera
- 17.00 – 17.20 Hormone Therapy in Transgenders and its Impact on Quality of Life
Antonio Aversa
- 17.20 – 17.40 Discussion
- 17.40 – 19.30 **SESSION IV**
Chairpersons: Giorgio Arnaldi & Carla Di Somma
- 17.40 – 18.00 Endocrine Disruptors as Obesiogens: A New Perspective in the Pathogenesis of Obesity
Rossella Cannarella
- 18.00 – 18.20 Fertility and Sexuality in the Obese Diabetic Patient
Rosario Pivonello
- 18.20 – 18.40 Combination Therapy (SGLT2 Inhibitors – GLP1 Agonists – GLP1/GIP Agonists): Beyond Gluco-Metabolic Control
Nicola Napoli
- 18.40 – 19.00 Diabetes and Bone: A Complex Relationship – Clinical Challenges and Therapeutic Options
Giuseppe Bellastella
- 19.00 – 19.30 Discussion



THURSDAY, FEBRUARY 26

- 09.00 – 10.00 **SESSION V**
*Chairpersons: **Agostino Viridis & Arrigo Cicero***
- 09.00 – 09.20 SGLT2 Inhibitors and Cardiovascular Risk: Role in Resistant Arterial Hypertension
Guido Grassi
- 09.20 – 09.40 Role of GLP1 Agonists and Aldosterone Synthase Inhibitors in Resistant Arterial Hypertension
Claudio Ferri
- 09.40 – 10.00 Discussion
- 10.00 – 11.00 **SESSION VI**
*Chairpersons: **Massimiliano Caprio & Francesco Scavuzzo***
- 10.00 – 10.20 Decision-Making in the Complex Obese Patient: Nutritional and Pharmacological Synergies
Annamaria Colao
- 10.20 – 10.40 How Innovative Metabolic Pharmacology has Changed the Perspective of Care in High Cardiovascular Risk Patients
Katherine Esposito
- 10.40 – 11.00 Discussion
- 11.00 – 11.30 Coffee break
- 11.30 – 13.30 **SESSION VII**
*Chairpersons: **Bruna Guida & Silvia Savastano***
- 11.30 – 11.50 How CGM (Continuous Glucose Monitoring) has Changed the Clinical Management of Diabetic Patients at Risk of Complications
Maria Ida Maiorino
- 11.50 – 12.10 Obesity and Aldosterone: Pathophysiological and Pharmacotherapeutic Correlations
Massimiliano Caprio

THURSDAY, FEBRUARY 26

- 12.10 – 12.30 Body Composition and Muscle Loss / Wasting in the Sarcopenic Obese Patient Under Therapy
Maria Serena Lonardo
- LECTURE**
*Chairperson: **Giovanni De Pergola***
- 12.30 – 13.00 Innovative Nutraceuticals: Between Obesity and Cardio-Nephro-Metabolic Syndrome
Arrigo Cicero
- 13.00 – 13.30 Discussion
- 13.30 – 14.30 Lunch Break
- 14.30 – 16.10 **SESSION VIII**
*Chairpersons: **Antonello Cittadini & Raffaele Napoli***
- 14.30 – 14.50 Semaglutide: A New Statin? Therapeutic Impact on Lipid / Inflammatory Profile and Thrombotic Risk
Paolo Calabrò
- 14.50 – 15.10 SGLT2 Inhibitors in Heart Failure in Patients with CKD
Gennaro Cice
- 15.10 – 15.30 Cardiac Rehabilitation in the Sarcopenic Obese Patient with Heart Failure: Nutritional and Pharmacological Synergies
Mario Mallardo
- 15.30 – 15.50 Dyslipidemia Therapy: What's New from the European Society of Cardiology Guidelines 2019–2025
Paolo Tammaro
- 15.50 – 16.10 Discussion
- 16.10 – 16.30 Coffee break



THURSDAY, FEBRUARY 26

NON CME ACCREDITED SESSION

16.30 – 18.30

**SESSION IX
NEW FRONTIERS IN DRUGS DISCOVERY, FROM RESEARCH
TO CLINICAL PRACTICE**

16.30 – 17.00

Chairpersons: **Gennaro Cice & Claudio Ferri**
CVRM (Cardio-Vascular-Renal and Metabolism) Era: Focus
Renal Translating Science and Innovation into Clinical
Impact
Pietro Galassetti, Global Clinical Program Lead,
AstraZeneca, Gaithersburg, USA

17.00 – 17.30

Chairpersons: **Aldo Eugenio Calogero & Giorgio Arnaldi**
Advancement in the multiple agonism landscape:
the role of Amycretin in redefining the boundaries of
incretin science
Kirsten Raun, Global Drug Discovery, Scientific Director
Novo Nordisk, Måløv, Denmark

17.30 – 18.00

Chairpersons: **Dario Giugliano & Giovambattista Capasso**
Survodutide, GLP1-Glucagon Agonism, Pharmacological
and Clinical Updates 2026
Ramy Younes, Global Head of Clinical Development
Obesity & Liver, Boehringer Ingelheim, Ingelheim am
Rhein, Germany

18.00 – 18.30

Chairpersons: **Pasquale Perrone Filardi & Paolo Calabrò**
Development of Novel Lp(a) Lowering Therapies and
Drugs for Cardiovascular Risk Reduction
Pierluigi Tricoci, Associate Vice President Medical
Development, Cardiovascular Research, Eli Lilly,
Hillsborough, NC, USA

**2nd International
Conference on Diabetic
Kidney Disease**

**New Frontiers in
Diabetic Kidney Disease:
From Mechanisms
to Patient Care**

Program



FRIDAY, FEBRUARY 27

- 09.00 – 09.10 Opening Remarks:
Silvio Settembrini & Giovambattista Capasso
- 09.10 – 10.40 **SESSION X**
Pathophysiological Mechanisms in Diabetic Kidney Disease
Chairpersons: Giuseppe Palmiero & Mario Cozzolino
- 09.10 – 09.30 The Role of Adenine in Diabetic Kidney Injury
Kumar Sharma
- 09.30 – 09.50 Diabetic Kidney Injury Determinants: Focus on EMT and Mitochondrial Dysfunction
Petter Bjornstad
- 09.50 – 10.10 Unravelling Molecular Pathways in Diabetic Nephropathy: Role of Macrophages in Lipid Metabolism and Inflammation
John He
- 10.10 – 10.40 Discussion led by **Roberto Minutolo**
- 10.40 – 11.10 Coffee break
- 11.10 – 12.40 **SESSION XI**
Novel Targets and Translational Research
Chairpersons: Vincenzo Carafa & Stefano Bianchi
- 11.10 – 11.30 Targeting Cell-to-Cell Communication in Diabetic Kidney Disease: From the Podocyte to the Proximal Tubule
Sandeep Mallipattu
- 11.30 – 11.50 Senescence as a Driver of Chronic and Diabetic Kidney Disease
Giovambattista Capasso

FRIDAY, FEBRUARY 27

- 11.50 – 12.10 Precision Nephrology in Diabetic Kidney Disease: Multi-Scalar Data Integration for Novel Biomarkers and Therapeutic Targets
Matthias Kretzler
- 12.10 – 12.40 Discussion led by **Mariadelina Simeoni**
- 12.40 – 14.00 Lunch Break
- 14.00 – 15.30 **SESSION XII**
Therapeutic Advances in Diabetic Kidney Disease
Chairpersons: Alessandra Perna & Domenico Santoro
- 14.00 – 14.20 Semaglutide as the New Pillar of Diabetic Kidney Disease Treatment
Peter Rossing
- 14.20 – 14.40 Combination Therapy in Diabetic Kidney Disease
Hiddo Heerspink
- 14.40 – 15.00 SGLT2 Inhibitors: From Clinical Trials to Real-World Evidence
Luca De Nicola
- 15.00 – 15.30 Discussion led by **Francesco Trepiccione**
- 15.30 – 16.00 Coffee Break
- 16.00 – 17.30 **SESSION XIII**
Diagnosis, Prognosis and Integrated Care
Chairpersons: Miriam Zacchia & Salvatore Di Paolo
- 16.00 – 16.20 The Role of Kidney Biopsy in Patients with Diabetes
Loreto Gesualdo



FRIDAY, FEBRUARY 27

16.20 – 16.40 Prevalence and Predictors of Rapid eGFR Decline in Type 2 Diabetes
Francesca Viazzi

16.40 – 17.00 Integrated Care for Diabetic Nephropathy: a Patient-Centered Approach
Francesco Giorgino

17.00 – 17.30 Discussion led by **Giovanna Capolongo**

KEYNOTE LECTURE

Chairperson: **Giovambattista Capasso**

17.30 – 18.00 Harmonizing Today, Transforming Tomorrow: The Future of Nephrology in Europe
Roser Torra

18.00 – 18.15 Conclusions: **Silvio Settembrini**

SATURDAY, FEBRUARY 28 COMMUNITY DAY

**Endocrinological Crew:
Pathway to Cardio-Nephro-Epato-Cerebro-Metabolic Syndrome**

09.00 – 10.00 **SESSION XIV**
“Thyroid Connections“: Heart – Kidney – Liver
Chairpersons: **Andrea Frasoldati & Enrico Papini**

09.00 – 09.15 Hypo- and Hyperthyroidism and Cardio-Metabolic Impact: Clinical and Therapeutic Correlations
Vincenzo Triggiani

09.15 – 09.30 Chronic Kidney Disease (CKD) and Thyroid Disorders: Bidirectional Links
Olga Disoteo

09.30 – 09.45 Thyroid and Liver: Two Metabolic Hubs in Homeostatic Control. Can Thyroid Hormone Signalling Treat a Dysfunctional Liver?
Silvio Settembrini

09.45 – 10.00 Discussion

10.00 – 11.00 **SESSION XV**
Chairpersons: **Edoardo Guastamacchia & Giancarlo Tonolo**

10.00 – 10.15 Intelligent Insulins: What They Are and What They Do
Giuseppe Crispino

10.15 – 10.30 Combo Therapy with SGLT2 Inhibitors, DPP-IV Inhibitors, GLP-1 Agonists, and GLP-1/GIP Agonists in Diabetes Mellitus: for Remission and Primary and Secondary Prevention
Elena Succurro



SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 10.30 – 10.45 Aldosterone Receptor Antagonists and Aldosterone Synthase Inhibitors in Cardio- Nephro-Metabolic Syndrome
Leonardo Russo
- 10.45 – 11.00 Discussion
- 11.00 – 11.30 Coffee break
- 11.30 – 12.30 **SESSION XVI**
Chairpersons: Olga Disoteo & Silvio Settembrini
- 11.30 – 11.45 MASLD and its Clinical-Therapeutic Management: Can We Interfere with the Progression of Hepatic Fibrosis?
Domenico Arcoria
- 11.45 – 12.00 Neuroprotection and Cognitive Disorders: Where Do We Stand with Innovative Metabolic Drugs?
Raffaele Schembari
- 12.00 – 12.15 Pathological Thinness (Is it harder to gain weight or lose weight?)
Vincenzo Cimino
- 12.15 – 12.30 Discussion
- 12.30 – 13.00 **LECTURE**
Chairpersons: Mario Rizzo & Giuseppe Giordano
Tirzepatide, Retratutide, Orforglipron: Updates 2026
Salvatore Corrao

SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 13.00 – 14.00 **SESSION XVII**
Real-World Clinical Experiences: Case Management and Narrative Reports. The Role of CGM (Continuous Glucose Monitoring) in the different Clinical Settings
Chairpersons: Maria Masulli & Vincenzo Nuzzo
- 13.00 – 13.10 **Nicola Tecce:** The Diabetic Cancer Patient Undergoing Chemotherapy
- 13.10 – 13.20 **Diego Carleo:** The Obese Diabetic Patient with Rheumatologic Disease
- 13.20 – 13.30 **Giacomo Accardo:** The Diabetic Patient with Thyroid Disease
- 13.30 – 13.40 **Marcello Orio:** Efficacy Analysis in a Cohort of Patients Treated with GLP-1/GIP Agonists
- 13.40 – 13.50 **Raffaele Mancini:** Therapy of the Diabetic Patient on Dialysis
- 13.50 – 14.00 Conclusions



FACULTY

MD Giacomo Accardo

Outpatient Endocrinology Specialist, ASL Napoli 3 Sud, Campania Region President for the A.M.E. (Association of Italian Endocrinologists)

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Pro Bono Volunteer Nephrologist, Chronic Care Center, Voluntary Relief Society, Livorno

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Professor of Pediatrics and Medicine | Raisbeck Endowed Chair of Diabetes Research, Executive Director, UW Medicine Diabetes Institute (UWMDI) Principal Investigator, Center for Clinical and Translational Research (CCTR) at Seattle Children's Research Institute (SCRI)

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FACULTY

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**Diabetes & Endocrine
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and
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on Diabetic Kidney Disease**

GENERAL INFORMATION

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Responsible Director, Unit of Diabetology and Metabolic Diseases,
C4 ASL Napoli 1 Centro

ORGANIZATIONAL COORDINATION

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THE ORGANIZING SECRETARIAT



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REGISTRATION

Registration can be processed within February 20, 2025 at the website:

www.napolidiabetologia.it

SIMULTANEOUS TRANSLATION

Translation English/Italian/English will be provided



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mcm

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